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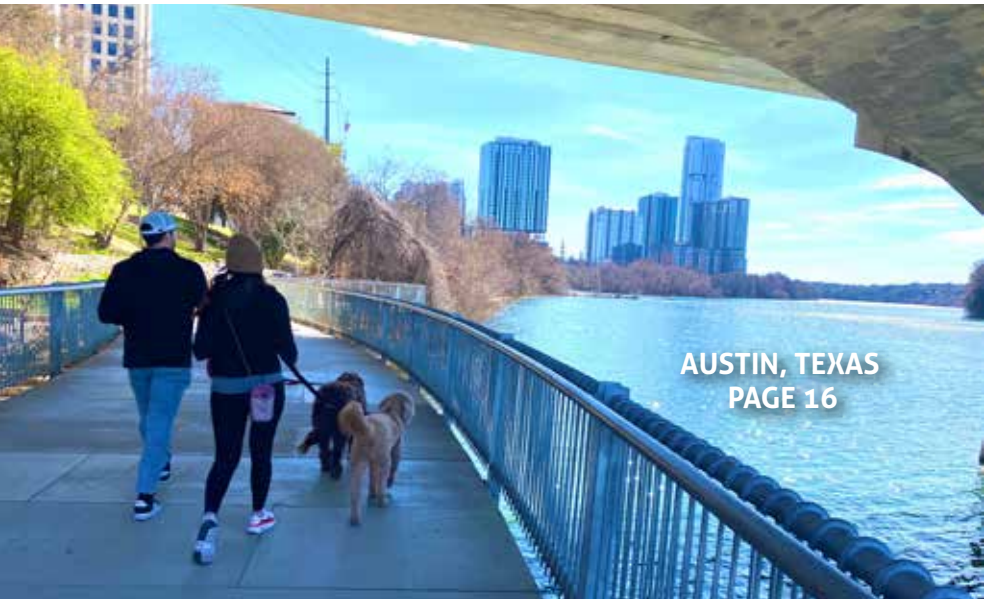

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Illustration: © Ken Cursoe

TOO HOT FOR SPOT AND TOT

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ff gazetteer

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Hotels and Inns that welcome Fido from sea to shining sea.

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THE BACKYARD
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Race car driver Zachary Tinkle.

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Photos: Gary Hall

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Publisher Susan Sims with husband Greg and rescue pet, Honey on an appearance to promote the tour on a previous Home & Family show with hotsts Cameron Mathison, Debbie Matenopoulos and pet expert Larissa Wohl.

I AM NOT SURE WHAT IS MORE EXCITING TO ME RIGHT NOW, showcasing our Summer issue or the start of the 15th Annual Pet Adoption Tour, Get Your Licks on Route 66®.

Let's start with our Summer issue. Of special note is our feature on The Asher House. Many readers may remember a profile of Lee Asher in a previous issue. Fast forward and we find Asher on a 240-acre animal sanctuary. Pet lovers might be hard pressed to find a bigger heart than Lee Asher and what he has created for animals in Estacada, Oregon. (see page 18).

Race car driver Zachary Tinkle has had rescue pets practically all his life and, after overwhelming acts of kindness kept him racing, he was compelled to form the Zachary Tinkle Foundation and create the Racing for Rescues initiative after a family tragedy. (see page 50).

Park City, Utah is a family-friendly and dog-friendly ski town. On a recent visit this spring, I found out firsthand about the many adventures during the off-season where hiking and biking are but two excursions both you and Fido may enjoy.

We are gearing up for the 15th Annual cross-country pet adoption tour, Get Your Licks on Route 66®. Each year, my husband and I along with our rescue pet, Honey travel down America's Favorite Highway for nearly six weeks, stopping at shelters along the way to support adoption events and to raise money for the shelters. In the first 14 years, we have helped to place over 18,000 pets into new forever homes! We are blessed to be able to continue this life-saving journey with the help of our sponsors.

Please check out our story on page 28 and visit the route 66 page to see where the tour might stop near you. And who knows, you might just find your new forever friend!

Your partner in caring,

Susan Sims

Susan Sims
Publisher
https://www.fidofriendly.com/blog/fido-friendly-magazine-15th-annual-cross-country-pet-adoption-tour-get-your

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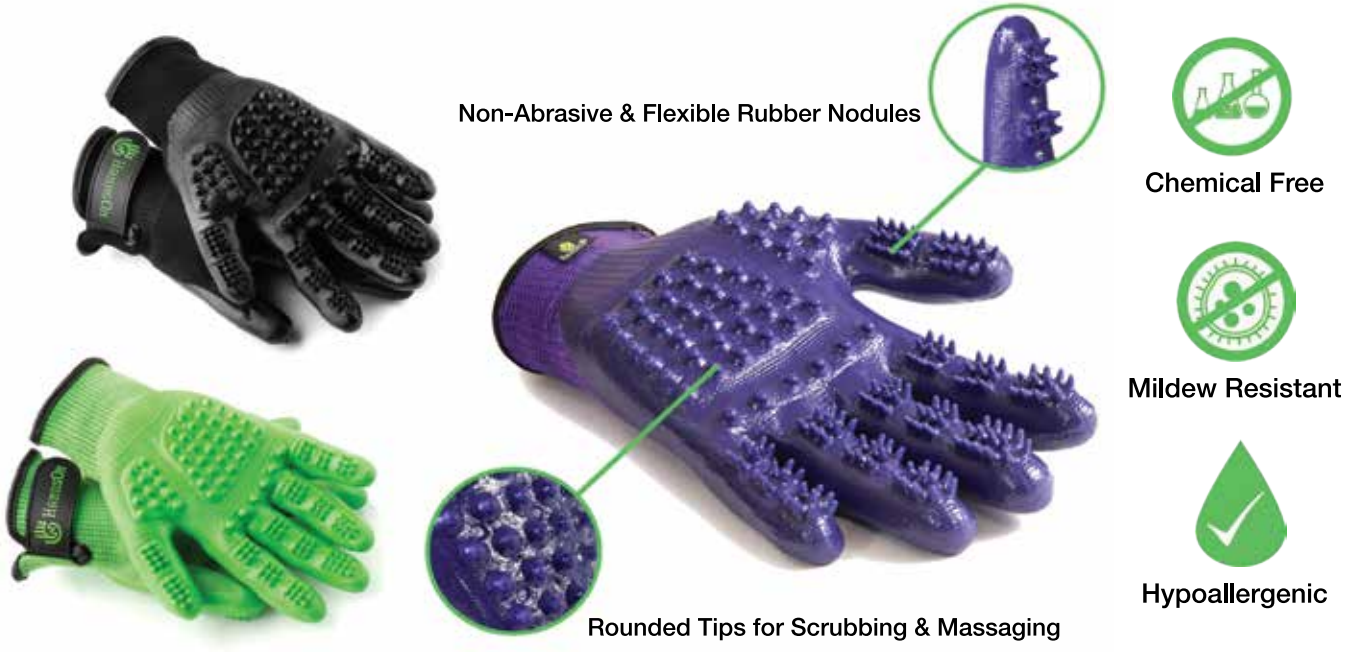

Contest Winners!

Check our Facebook page for fun contests. facebook.com/FIDOFriendlyMagazine

CONTEST: *Father's Day*
Winner: FLIRT and
Pet PAWrent Cheryl B. from Lansing, MI

Winner received the following prize package:

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CONTEST: *July 4th*
Winner: Nova, Riggs, Ember & Ash;
Pet PAWrent Jessica H. Grampian, PA

Winner received the following prize package:

Shed Defender Recovery Onesie
Introducing the Shed Defender Recovery Onesie! The ultimate post-surgery recovery aid for your furry friend. With its comfortable fit and full-body coverage, it promotes faster healing while preventing licking or scratching. The perfect E-collar replacement!
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https://www.okoapet.com/.../all-natural-cbd-infused.../ #okoapet

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CONTEST: *Mother's Day*
Winner: Dr. Smallz; Pet PAWrent Lynn J.

Winner received the following prize package:

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DUKE
Alison R.

HARLEY
Ryan H.

PIPER
Patricia B.

HOLLY NOEL
Christine A.

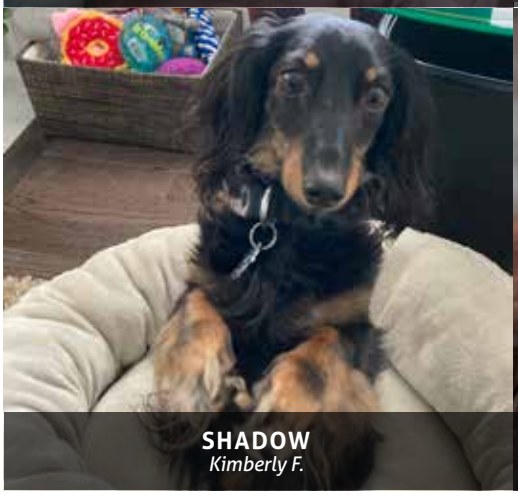
Great entries to our fun contests that we wanted to share.

Look for more FIDO fun in our Fall/Winter issue 2023!

ISABELLA & DANNA
Michelle Brueckner S.

BILLIE
Shawn V.

HANK
Julie P.

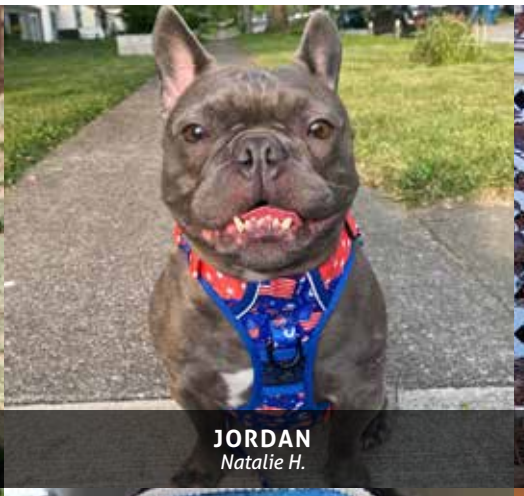


SHADOW
Kimberly F.

TUNDRA
Leslie R.

FRANKIE
Laura P.

STELLA
D.J. J.



JORDAN
Natalie H.

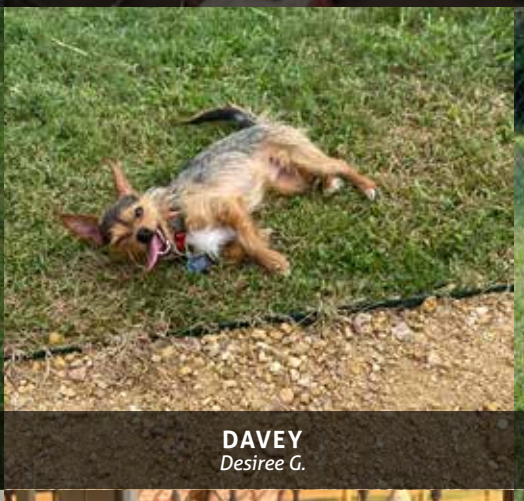
CHANCE
Natalie G.

COMET
Nancy R.

HOOTIE
Alice L.

VEE & JACKPOT
Faye B.

TUG
Janice D.



DAVEY
Desiree G.

ARCHIE
Marian S.

FLETCHER
Dawn S.

MAGGI
Martha C.

LIL MAMA
Angela W.

In Austin, it seems everyone's either playing music or playing with dogs.

Here are some of the best places to play and stay in this friendly city nestled on the edge of the Texas Hill Country

Story and Photos by Robin Tierney

THE CAPITAL OF TEXAS HAS FIGURED OUT HOW TO BE THE ULTIMATE PEOPLE-PLEASER AND DOG-PLEASER.

Its bustling downtown teems with cool places at every turn. Miles and miles of well-maintained paths edge Lady Bird Lake. Head north for upscale shopping-entertainment districts full of avenues and green spaces. When going west into the Texas Hill Country, pack lunch to fuel you on long tranquil trails.

For a tail-waggin' good time, pick the itinerary below that calls to you.

RAINEY STREET

You can hear excellent musicians play outside of more than a dozen bungalows that have been converted into restaurant-bars. The fare runs from Tex-Mex to Asian. Banger's Sausage House & Beer Garden serves more than 100 Texas brews and even vegan portobello-based sausage platters. Other good-time spots include Lucille's. It's an odd duck of a neighborhood surrounded by new, sky-scraping high-rises.

Steps from Rainey Street, stroll the 10-mile Ann and Roy Butler Trail at Lady Bird Lake (which locals often still call Town Lake), passing parks and cultural venues. Lodge at the music-themed Hotel Van Zandt, which welcomes fur-guests with no pet fees (just sign a waiver) in guestrooms as well as the lobby that hosts free performances and social hours. The adjoining Café 605 draws dog-walking locals.

DOWNTOWN AUSTIN

Here's where you'll find the famous 6th Street and Red River music districts. During the day, stroll the serpentine paths of creatively landscaped Waterloo Park. Close to the Capitol grounds, it offers plenty of street-shaded spots. On East 6th Street, The Volstead, a combination vintage cocktail lounge, concert stage, dance hall and patio hang-out; has held Yappy Hours to benefit Austin Pets Alive!

Take a selfie with the sculpted dog in The Archer's lobby.

Relax in the music-themed lobby at Hotel Van Zandt in the Rainey Street district.

Cafe 605 in Hotel Van Zandt near Rainey Street is a great coffee and snack spot.

This is an old Austin slogan, but now it's more fun than weird. Author Robin Tierney in signature headstand.

Where to have an awesome paw-some Austin time

VISITOR INFORMATION
austintexas.org

LODGING
Hotel Van Zandt
hotelvanzandt.com/faqs/

The Driskill
driskillhotel.com/

Hyatt Centric Congress Avenue
hyatt.com/hyatt-centric/ausct-hyatt-centric-congress-avenue-austin

Hotel Viata
hotelviata.com/

Lone Star Court
lonestarcourt.com/

The Archer
archerhotel.com/austin

THINGS TO DO
Lady Bird Lake trails
https://www.austintexas.gov

Waterloo Park
https://waterloogreenway.org

Zilker Metropolitan Park
austintexas.org

Barton Creek Greenbelt
austinparks.org/park/barton-creek-greenbelt/

Red Bud Isle
austinparks.org/park/red-bud-isle/

Pennybacker Bridge Overlook
alltrails.com/explore/recording/pennybacker-bridge

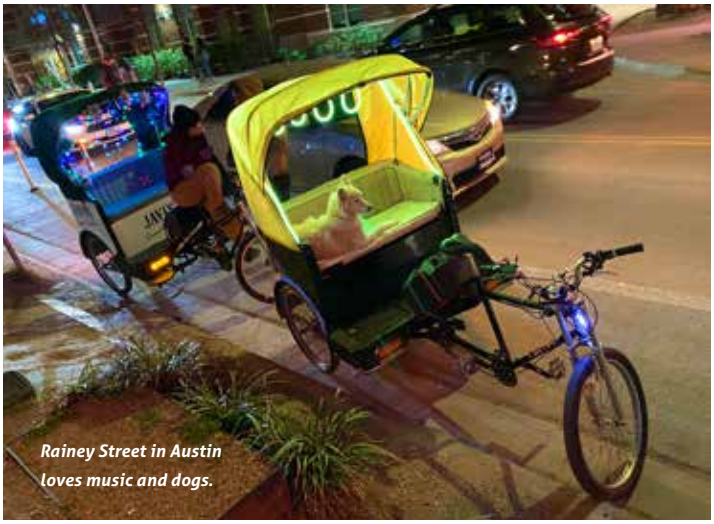
The Domain
simon.com/mall/the-domain

Domain NORTHSIDE
domainnorthside.com/

Entertainment
austintexas.org/things-to-do/entertainment-districts

Las Bis
lasbisbar.com/

Stroll in style at Domain NORTHSIDE and The Domain.


Rainey Street in Austin loves music and dogs.

You can stay with Fido at outstanding hotels with fabulous views. Seeking heritage? The Driskill, a downtown gem opened in 1886, welcomes canine guests in its high-ceiling'd public areas, balconies, lounge (which features live music most evenings) and on its daily history tours. Savor breakfast and lunch with Fido at the Driskill's 1886 Cafe & Bakery. Prefer shiny new places? After Fido checks in at the Hyatt Centric Congress Avenue, head to Las Bis, the eighth-floor terrace lounge, for bow-wowza sunsets and starry nights.

And no visit to Austin is complete without a romp around Zilker Metropolitan Park. The humans can swim in the huge spring-fed pool and everyone can mingle on the historic grounds, which sometimes host concerts.

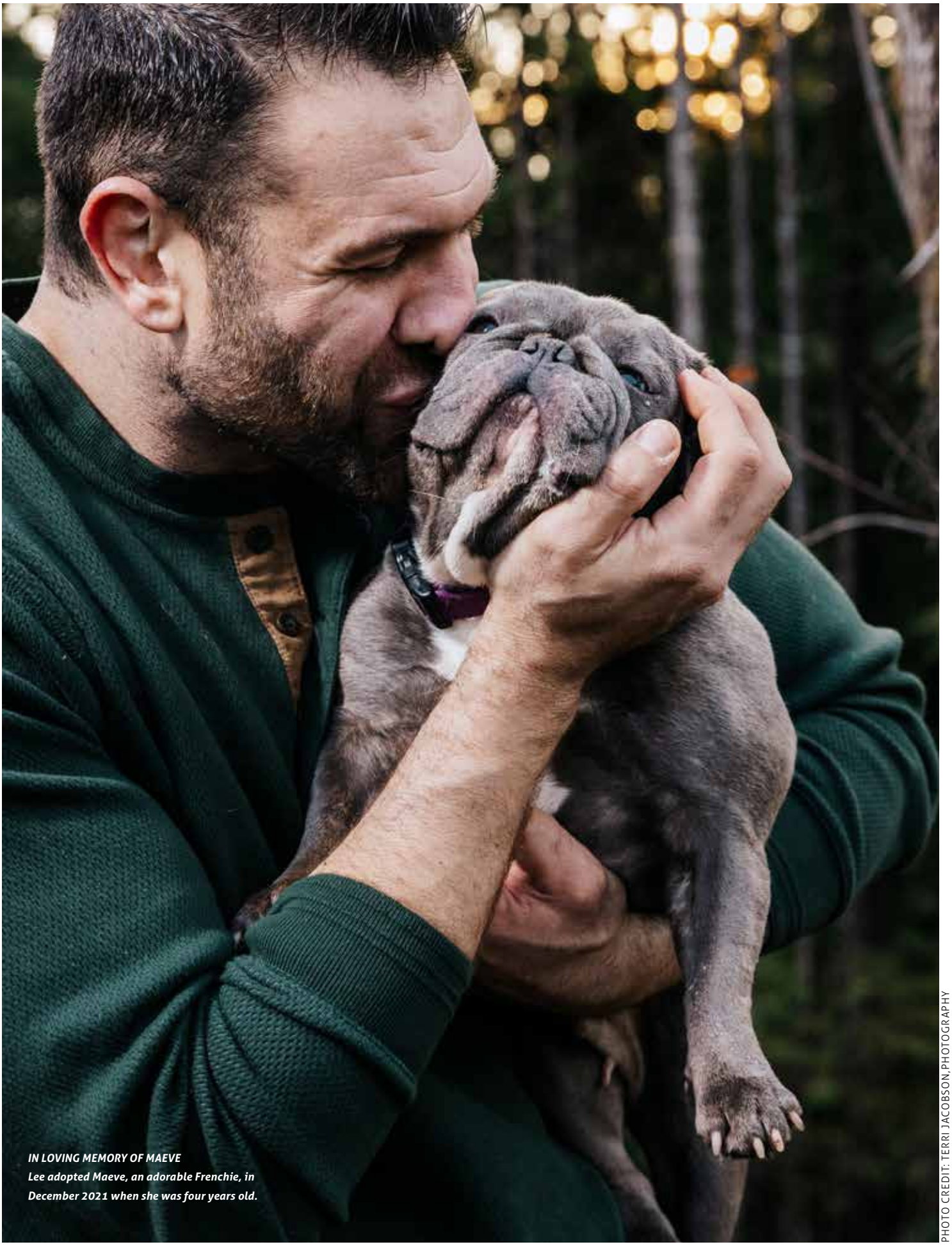
WEST LAKE HILLS
The Barton Creek Greenbelt, rich with woodlands, wildflowers, creeks, waterfalls and limestone cliffs, makes a perfect choice for rousing back-to-nature hikes with Fido. Red Bud Isle is an Austin doggy favorite for playing and kayaking the glittering Colorado River. Drive north on Loop 360 to Pennybacker Bridge Overlook, where with Fido on leash you can make a 10-minute climb up a dirt path to behold astonishing panoramas.

Rest at Hotel Viata, a like-new luxury hotel with an old-world Italy theme. This Fido-friendly hilltop retreat offers lovely rooms, a pool (people only), a romantic fresco-adorned courtyard, and a wraparound patio with a grand outdoor fireplace. Its Laurel restaurant even has gourmet choices for Fido.

NORTH AUSTIN
The Domain and Domain NORTHSIDE are side-by-side shoppers' paradises with terrific stores, patio restaurants, dog salons, music lounges and beautiful open spaces where well-behaved dogs are welcome. Between them is a safely fenced dog park. In Domain NORTHSIDE, The Archer's luxurious retreat of contemporary design includes a stunning Fido-friendly lobby and restaurant-lounge. At The Domain, you and Fido will love Lone Star Court, a charming motel-ranch where dogs of all sizes are treated like VIPs. The on-property Water Trough restaurant's wall-less side leads to a fire pit-studded poolside patio. On the huge lawn, guests stroll, play games and each evening, listen to live music.

In every direction, Austin has joyfully gone to the dogs.

‹ ROBIN TIERNEY, *an award-winning writer-photographer, seeks out intriguing places, preferably with dogs by her side.*



IN LOVING MEMORY OF MAEVE
Lee adopted Maeve, an adorable Frenchie, in December 2021 when she was four years old.

PHOTO CREDIT: TERRI JACOBSON, PHOTOGRAPHY

PHOTO CREDIT: TERRI JACOBSON, PHOTOGRAPHY

Lee with dogs, Cali, Athena, Mauve, Lillie, Moo, Lucy and Roger.

The Asher House

Homeless Dogs Have A Great Time at The Asher House & Most Find Permanent Homes.

BY ELISE PHILLIPS MARGULIS

When *FIDO Friendly* last spoke to Lee Asher, owner of The Asher House, he was driving his canine rescue bus to adoption days at as many animal shelters as possible and helping dogs find homes. He and his best friend had run a successful Kickstarter Campaign called the Asher House Adventure and raised over $57,000 from 853 backers. They traveled to 48 states with the objective of rescuing at least one dog in each state and even paid adoption fees.

In late 2020 Lee, who now has a 70-dog pack, moved to a 240-acre sanctuary in Estacada, Oregon, where he films their fun activities so people can view the pups on his YouTube channel https://www.youtube.com/@theasherhouse_ and adopt them. The channel has 503,000 subscribers and 306 adorable videos ranging from swimming, hiking and paddle boarding with the pooches, playing in the snow, bringing 17 of them to the groomer, a hilarious slow-motion clip of the pack reacting to the pizza delivery man ringing the door bell, having doggy ice cream, DNA test results, introductions of new dogs, pup health updates and so much more.

In addition to his collection of YouTube videos, Lee's been a guest on dozens of podcasts and had

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Lee with dogs, Cece and Moo (background), Cali, Bo and Bentley foreground.

PHOTO CREDIT: TERRI JACOBSON, PHOTOGRAPHY

a TV show of his own, called, "My Pack Life" on Discovery +/Animal Planet.

Some other species residing at Asher House—which has an 18-person crew to care for its inhabitants—include a bearded dragon, pigs, llamas, a few alpacas, donkeys, horses, cows, goats, sheep, a tortoise and some exotic birds. Such a happy place to live!

According to Lee, "The Asher House is a registered 501c3, and we rescue and rehabilitate animals that have been abused, abandoned or discarded and provide them with a safe home." He shared that many of the animals were abandoned on properties or spent months in shelters. "This year alone, we have taken in over 100 new dogs, and have adopted most of them out. When we do adopt out, it is when an animal is highly adoptable or would do better in a different environment, for example as the only pet in the home," Lee explained. He added that the Asher House partners with Family Dogs New Life in Portland https://www.familydogsnewlife.org/ to find homes for animals.

One of the permanent residents at the Asher House is Matilda, a beautiful Pittie. Lee told her story, "She was adopted from the Tacoma Humane Society after being found as a stray. She has cerebellar hypoplasia, which is a neurological disorder affecting movement. It will not progress or improve, and she is the happiest dog around." The somewhat unadoptable animals that live at the sanctuary enjoy The Asher House as their permanent home because it's a wonderful place to live.

Many of Lee's enthusiastic videos are infused with philosophy, spirituality and life lessons. At the end of the video in which he meets Matilda he effused, "To all of you who feel so different, misunderstood, and feel like you don't belong. Those are the things that make you so beautiful and perfect. It's amazing to have a dog to teach you that." He spoke of Matilda loving love. "When you see animals or people that are hurting, please be one of those people that gives whatever is hurting love, not more pain. Give whatever needs love, love."

In another video, he meets Little Bear, a gorgeous blind Chow Chow. Lee's overwhelmed with Little Bear's adorableness. He looks into the camera and says that no one else can have Little Bear because he has to keep him.

Lee spoke of how The Asher House is able to help animals who aren't at the sanctuary. "The measure of our success cannot be based upon the number of animals at our sanctuary and just what is on social media. We get thousands of emails each month asking to help animals in need." He acknowledged that they can't help each one personally, but they do their best to provide resources, or to make connections with other rescues across the country who have been able to assist and find homes.

"We have impacted many lives through our rescue networks, our national spay and neuter programs, and community involvement via library partnerships, school assemblies, and homeless outreach. We frequently provide financial help to shelters and other rescues who are in other parts of the country and who don't have the support needed."

Because so many animals live at the sanctuary, Lee has become very familiar with pet products that truly help dogs. His website features supplements and products that his pack likes. One of his offerings is Asher House Well-

ness CBD Oil, an ingestible oil that contains a broad spectrum of beneficial hemp phytocannabinoids. "Asher House products are manufactured in the United States with TLC and Good Manufacturing Practices from start to finish," Lee stated. They recently launched vitamins, ear wipes, hip/joint chews and surface cleaner made from natural ingredients. The Asher House will be selling dog beds soon.

Lee recently had to film a video to warn his followers that someone has been trying to scam people by pretending that they are him. The scammer convinced one woman that she was in a relationship with Lee. She was about to sell her house and move to the sanctuary.

Lee is very upset about the violation of his followers' trust. He explained, "Since they seem to target existing followers, I block the new fake accounts daily so they cannot see who is following me. We also report the scammers to Instagram, Facebook, TikTok and YouTube." He continued, "Unfortunately, as soon as we report them, new ones pop up."

He shared that they have made reports to law enforcement, the Federal Trade Commission, and their own personal attorneys. "Since nothing seems to be working to shut these criminals down, I just keep doing my best to warn people. Those who have actually fallen victim to the scammers can also report to law enforcement on their own behalf."

Watching Lee meeting the adorable canines, playing with them, speaking to them in baby talk and saying funny things to them is absolutely delightful. He's doing phenomenal work; and his followers enjoy watching him save, play with, and shower his pups with love. Seeing the dogs happy and safe makes everyone feel good.

IN LOVING MEMORY OF MAEVE

Lee adopted Maeve, an adorable Frenchie, in December 2021 when she was four years old. She was a puppy mill mom who was disposed of when she could no longer produce litters. Lee adored her as soon as they met, he told her that he would give her the best life in the world, sang a song he made up about her being the best Frenchie in the world and they smothered each other with kisses. Maeve's body was worn from too many pregnancies, and she had an ear issue that required surgery.

Lee released a video about her death at the end of June. He described her as "his best friend, daughter and favorite dog" who never left his side. Lee shared that he had never felt such intense pain although he's lost many beloved canines. He urged others, "Use your pain to help end pain, and use negative as energy to do positive."

The Asher House is a registered 501c3 Nonprofit
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If you'd like to help support the Asher House, 100% of your donations go toward the development of the sanctuary, maintenance, and animal care. *theasherhouse.com/pages/donate*

For general questions and inquiries, contact rebecca@theasherhouse.com.

P.O. Box 2159
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Lee with dogs, Rollie, Lucy and Mildred in the foreground and Roger in the background.

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Moving Long Distance With Pets

Tips and tricks from readers who made the move with Fido.

ESSENTIAL TIPS FOR ENSURING A SMOOTH AND STRESS-FREE JOURNEY FOR OUR FURRY FRIENDS, covering everything from pre-trip preparations to safety on the road.

PRE-GAME PLANNING:

According to Melissa Mroziak, DVM, Associate Veterinarian at IndeVet, it is important to take into consideration the different temperaments of pets and the importance of planning ahead.

Dr. Mroziak's key tips:

Your Pet's "Suitcase"

Pack enough routine medications and pet food for the trip, considering potential delays. Bring favorite toys, blankets, and beds to help pets feel more at ease in unfamiliar environments. Carry a copy of medical records and vaccination certificates.

Check the Chip

Make sure pets are microchipped and contact information is up to date. Double-check external identification tags and collars for legibility and secure attachment.

Route Planning

Use phone-driven maps for finding the way and locating emergency care centers. Drop pins on the route to 24/7 veterinary emergency care centers as a precautionary measure. Telemedicine/teletriage services can provide assistance on the go.

Safety on the Road

Secure pets with appropriate restraints or kennels while traveling. This can reduce distractions and protect pets in case of accidents. Pack extra leashes and collars as backups.

Destination Details

Confirm pet policies with hotels and sites along the way, including any size restrictions. It is important to understand a pet's comfort level with travel and consider alternative options when necessary.

ABOUT INDEVETS

IndeVets is on a mission to bring balance, fulfillment, and joy to veterinary medicine. By creating a whole new way to practice veterinary medicine that puts vets first, IndeVets provides the freedom of relief work, the stability of an associate position, and a team dedicated to helping vets thrive. IndeVets unites over 3,500 partner hospitals in 32 markets with the nation's top veterinarians to deliver what matters most in animal care—happy, healthy doctors performing at their best.

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Janey.

I moved several hours away with my rescued dog, Janey. My biggest concerns were getting her through a car ride with a lot of belongings in the car and acclimating her to new surroundings safely. I brought a collapsible water bowl and two-liter bottle filled with water, along with snacks. Janey did well in the car and showed off her adventurous side by looking at every change in scenery with curiosity. I stopped with Janey often and brought reusable bags and gloves to clean up after her. I played music for Janey and talked to her while she fell asleep in the car. Once we got to the new place, I had a portable fence that I constructed around the side door, so that Janey would be able to go out safely. I wanted Janey to explore her new surroundings without slipping out the door and running after chipmunks or squirrels. I kept her harness on her and took her on walks with her lead. Janey did surprisingly well in her new surroundings. My best suggestion that I found doing research was to bring anything that helped Janey relax. Her stuffed animals and music really helped us both.

Florence M.
Janey the Dog in South Carolina

Moving. We discussed doing it a few times. With sharing our home and lives with five adult Siberian Huskies since they were puppies (of varying ages), who ran free in our specially designed "Husky-proofed" backyard, the mere thought of moving caused me anxiety.

We had created a wonderful home for our five Siberians, nicknamed the FiveSibes. With Huskies being notorious escape artists, we had installed a six-foot privacy fence around our yard that was cemented into the ground so they could not climb it, nor dig under it. The secured yard space provided them a large safe area for zoomies, digging, swimming, and playing in snow or rolling around on the grass, all to their hearts' content. Inside, they had fluffy beds and toys galore. Here they spent their lives with us until they were senior dogs.

Over time, three sadly journeyed across the Rainbow Bridge, two just three months apart. Several months later, we sold our home and prepared to relocate out of the area with our two remaining seniors, Wolfie and Bandit. With the loss of their packmates, and a move to an unfamiliar place, I really worried that it would be too much change. Would they be nervous traveling long distance? Would they acclimate to the new property? Would they be happy in our new home?

Moving day arrived. After consulting with our vet, both were given calming aids to help them relax during the long ride. Once we arrived, I led both leashed dogs around the yard and house, letting them sniff their new home. The strange smells and sites were so interesting to them, they soon enjoyed the new routine. They excitedly walked alongside me and my daughter and grandchildren, meeting other dogs and kids, enjoying hugs and pets from whoever offered. A special treat was when the ice cream truck came by, and I would treat them to cups of vanilla ice cream topped with dog biscuits!

Since there was not yet a fence, I bought an 11-foot horse lunge line to safely exercise them in our backyard. I also used a gated baby pen indoors to keep them safe while doors were frequently opened and closed. It didn't take very long before both dogs settled in and looked forward to their walks, hanging out on the deck, playing with my grandchildren, and running through the snow in the winter and the sprinkler in the summer.

In hindsight, I really fretted about moving for nothing. The key to a successful move with dogs was keeping them by our side and giving them reassurance and love. In the end, they accepted the move far better than I ever could have anticipated.

Dorothy Wills-R.

Dorothy withWolfie and Bandit.

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A Loving

Five Tips for Pet Owners Exploring End-of-Life Care for Their Loyal Companions

Dr. Sara Hopkins is the founder of Compassion 4 Paws.

CARING FOR A PET NEARING THE END OF THEIR LIFE OR RECENTLY DIAGNOSED WITH A TERMINAL CONDITION IS FILLED WITH EMOTION AND CONFUSION. There are many factors to consider, and it can be hard to know where to begin. The bond you share with your companion is special, and as their caretaker, you want their remaining days to be the best days possible. And when the time comes to say good-bye, it can be done with love, respect, and dignity. Here are five ways pet owners can navigate end of life care for pets.

CONSIDER YOUR PET'S QUALITY OF LIFE

When I ask owners what their goal is in having a hospice/palliative care consultation, their answer is inevitably: "I don't want my pet to suffer" or "I don't want my pet to be in pain." What exactly does this mean? And, how do you know if your pet is suffering or in pain?

An animal's quality of life is not only about pain management or physical health, but their mental health as well. Are they able to do the things they love, or do they seem anxious and stressed? Do they still engage with you or are they spending more time by themselves? Are they frustrated because they need help with basic tasks such as standing up, eating, and drinking?

It is also important to think about your own emotional well-being and quality of life. Caring for a sick or elderly pet can be demanding, both physically and emotionally. "Caregiver fatigue" can affect those looking after their 4-legged companions as much as their 2-legged family members. If you are struggling, it is important to seek help.

Making the decision to euthanize your pet is incredibly difficult under any circumstance. Even when the brain tells you the time is 'right,' the heart never wants to let go. Having compassionate support and guidance surrounding this decision can make it a little less awful.

CONSULT WITH A VETERINARIAN

As you face end-of-life decisions for your pet, it is helpful to consult with your regular veterinary team. They have the benefit of an established relationship with you and your pet and can offer guidance based the medical history, their medical knowledge, and your personal relationship.

In some situations, it may be helpful to find a veterinarian who has a specific focus on end-of-life care. Many of these practitioners are mobile and will provide an extended hospice/palliative care consultation within the comfort of your home. These consultations are tailored to the specific pet and disease process – it may involve pain management, environmental modification, or other ways to improve your pet's quality of life. There are often "when is it time" and "how will I know" conversations. It is important the pet owner ends the consultation with a feeling of relief in knowing that they are supported and have the tools to make the best possible decisions moving forward.

This is also the best time to discuss euthanasia and aftercare. Families have options and may need time to process and decide what is best for their situation.

UNDERSTANDING THE EUTHANASIA PROCESS

In having helped thousands of families with euthanasia, one of the most common comments I hear afterwards is, "I had no idea it would be so peaceful."

While losing a pet is undeniably heart wrenching, the actual good-bye is gentle, loving and beautiful.

The actual process involves an initial injection (under the skin) of a heavy sedative or anesthetic plus pain medication. Once the pet is completely unaware (heavily sedated or anesthetized) the final euthanasia injection is given, and the pet will pass quickly. The final good-bye can take place wherever the pet and the family are the most comfortable in the home and should never be rushed. From the pet's perspective, they are drifting off to sleep in their home, surrounded by the people who love them the most.

AFTERCARE

Knowing and deciding aftercare options prior to the euthanasia appointment is very helpful. There are different types of cremation – communal (several animals cremated together, with no ashes returned to the family), individual (several animals in the crematorium, separated by dividers so only those pet's ashes are returned to the family), or private (only one pet

Goodbye

cremated in the crematorium, with the ashes returned to the family). If the euthanasia is performed in the home, the mobile veterinarian will often take the pet into their care and arrange for cremation if this is wanted. Some families choose to keep their pet's body for a time and then transport directly to the crematory. And some families choose to bury their pet, either on their private property or in a pet cemetery. Regardless, it is important to choose the service that feels right for you and your family.

When it comes to cremation, owners now have a choice between traditional flame-based cremation, or a newer aftercare, water-based cremation. Water-based cremation, or aquamation, is a gentle process involving warm water and alkali salts and has fewer environmental impacts than does flame-based cremation. Less energy is used, and no fossil fuels are burned. Because there are no emissions as in flame-based cremation, owners receive approximately 20% more 'ash' with aquamation (yes, owners choosing private cremation still receive the cremated 'ash' of their companion).

There are also memorial items such as ink prints or clay prints that can be made prior to cremation. Some of these may be offered by the veterinarian who helped with the good-bye, and some may be offered by the crematorium. These options should ideally be discussed early in the end-of-life planning discussion. There are now many memorial items available that can incorporate ashes into items such as jewelry, glass art, planters and more.

The most important thing to realize when it comes to aftercare is that there is no right or wrong path, but an owner should know all their options. Aftercare is an extremely personal choice and should be respected.

TAKE THE TIME YOU NEED

There is no roadmap through grief. Everyone will process their loss differently and everyone will grieve in their own way. There is no right or wrong way! Speaking from my personal experience in losing my own pets, I have found the days after to almost be harder that the actual euthanasia. All the "firsts" are horrible… the "first feeding time without her" or the "first time not being greeted at the door." I have also found a sense of relief – a relief that there is no suffering, that there won't be an emergency, and even that I won't have to make that decision on her behalf again!

Some people focus inward on their grief, while others feel that outside support may be helpful. Aside from talking with friends or family who have experienced pet loss, there are now many options for online support groups. Some of these may be structured with licensed therapists, while others may be more informal discussions on social media. It is important to seek what you feel will best serve you. There is also in-person pet-loss groups in many areas. And of course, please seek professional help when needed… losing a pet is hard, and grief can be very complicated. A licensed mental health professional in an individual session can be invaluable.

For some people, crafts or activities can be cathartic in honoring their pet. Creating a scrapbook or photo book with funny stories of their life can often bring smiles among tears. Plant a tree in their honor. Go for a walk on their favorite trail. Donate to an animal rescue group in memory of your companion. The list is endless. If you want to do something, do what speaks to your heart.

Anticipating and preparing for your pet's end-of-life journey is not easy. And it isn't supposed to be! But it is the price we pay for having these amazing companions in our lives. Years ago, I helped a long-time client say good-bye to her beloved chocolate lab, and afterwards she said, "the pain now is worth the happiness then." We are so lucky to spend time with our pets, despite our inevitable heartache.

Dr. Sara Hopkins is the founder of Compassion 4 Paws, a premier in-home end-of-life care for pets service in the Northwest. She is a renowned veterinary professional with over two decades of experience in the field. In 2020, she was honored to join the IAAHPC Board of Directors and became President of the nonprofit in 2023.

With a passion for working with animals, Sara completed her veterinary education at Washington State University and went on to obtain her Certification in Veterinary Acupuncture through the International Veterinary Acupuncture Society in 2013. In 2013, she started Compassion 4 Paws to help pets and their parents through the end-of-life journey. In 2017, Sara became one of the first veterinarians in the world to achieve certification in Animal Hospice and Palliative Care through the IAAHPC, furthering her knowledge and ability to support pets and their families.

Sara lives in Edmonds, Washington with her husband Dennis, their son, and their furry friends, including dogs George and Roy, and cats Sushi and Freddie Purr-cury. In her free time, she enjoys traveling, camping, reading, crafting, and spending time with friends. With her passion and commitment to providing compassionate care to pets, Sara Hopkins is a true advocate for animal welfare.

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Another successful year!

by Susan Sims, Publisher

WE HELPED TO PLACE OVER 1200 PETS INTO NEW FOREVER HOMES in 2022 bringing our total in the first 14 years to over 18,000 pets finding the love they deserve.

Each event brought out people looking for a new fur-child as first-time adopters or to add to their current pack.

My husband Greg and I traveled down America's Favorite Highway, stopping at shelters along the way to support adoption events and to raise money for the shelters.

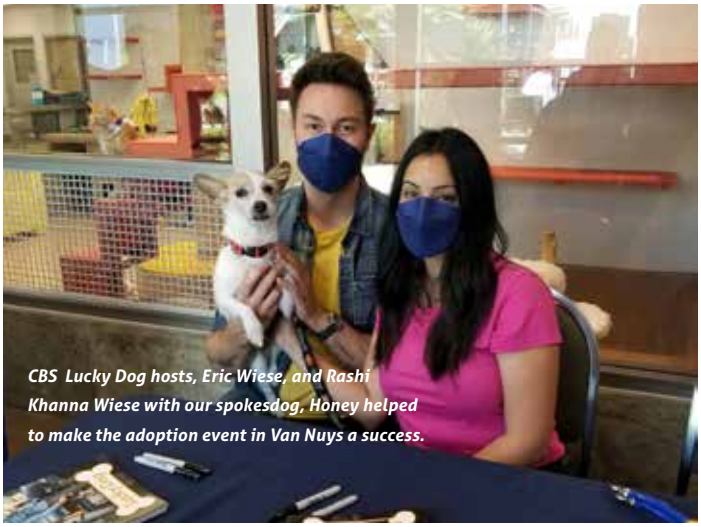
Attendees stood in line to donate and spin our wheel filled with prizes from our sponsors, and all proceeds benefited the shelter at the end of the day.

It takes us two hours to set up, run the four-hour event and two hours to tear down, pack up and pick up our dog, Honey from daycare. We either head out of town for the next event or to our hotel to get some rest and start all over again.

It's a labor of love and one we look forward to every year and thanks to our generous sponsors and host hotels, this six-week heart string adventure is only made possible with their support.

Last year, the hosts of the weekly *CBS* series, *Lucky Dog*, Eric Wiese, and Rashi Khanna Wiese, were our spokespeople. They were at the kick-off event in Los Angeles, meeting people and signing autographs.

Join us this year as we continue to travel down The Mother Road, helping to save lives, one shelter at a time. Check to see where the tour might stop near you and who knows, you might just find your new forever friend! *www.fidofriendly.com*



CBS Lucky Dog hosts, Eric Wiese, and Rashi Khanna Wiese with our spokesdog, Honey helped to make the adoption event in Van Nuys a success.

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Have a Tail-Wagging Time at Corpus Christi's Beaches

No matter what the weather, you'll always feel sunny at this Texas Gulf haven.

Story and Photos by Robin Tierney

WANT A DIFFERENT KIND OF BEACH EXPERIENCE? You'll love exploring Corpus Christi's beaches with Fido. Why?

With 100 miles of sandy Texas Gulf and bay shores, you have so many places and ways to enjoy your beach vacation.

Leashed dogs are welcome at nearly all Corpus Christi beaches.

You can drive and camp right by the surf, with sunrises and sunsets bookending your day.

Even during a drizzle, you'll enjoy great walks, fun places and beautiful water vistas.

Make friends and treat yourself at so many bargain-priced Fido-friendly eat/drink/lodging spots.

Fido can join you at a fantastic yoga class on a houseboat!

Pups are welcome at Executive Surf Club in downtown Corpus Christi.

LET'S START ON THE DOWNTOWN BAYFRONT. At McGee Beach, swim in calm waters and picnic at the beautifully designed seawall. Amenities: restrooms, beach gear rentals, and free seawall parking.

Did Fido hear you say "walk"? Nine-mile Corpus Christi Bay Trail runs along the waterfront, passing lovely Miradores (Spanish for gazebos) -- including a musical one honoring Tejano superstar Selena.

At the trail's north end, before reaching the Art Museum of South Texas, look for Mel Chin's wonderful bayfront sculpture of a dog waiting at his master's feet.

Later, take a tasty Water Street walkabout, stopping at indoor/outdoor Executive Surf Club. Savor comfort food, drinks (milkshakes to booze) and new friends in this dogs-welcome setting.

Downward-dog with Fido at a floating yoga class at Water Dog, named for leader Stacie Richlne's love of dogs. The bayfront houseboat is surrounded by laughing shorebirds, Gulf breezes and vast water views.

Close by, Harrison's Landing at the marina offers a Fido-friendly scene with floating dining and bar areas. Elsewhere downtown, BUS, in a transformed Greyhound Bus Station, serves regional beers, seltzers, wine and cocktails, and features food trucks, live music and yard games.

If Fido wants to chill at the hotel, try Eliza-

Author Robin Tierney at Executive Surf Club with David, South Texas Fire-Roasted Salsa entrepreneur.

beth's at the Art Museum for great food and open water views.

NOW LET'S GO ON A COLORFUL GARDEN WALK. South Texas Botanical Gardens welcomes well-mannered dogs to its friendly botanical garden where you'll get tips for landscaping your own yard. Highlights include the rose, sensory and hummingbird gardens, orchid and bromeliad conservatories and the Explore Nature and Cross the Wetland Boardwalk trails.

TIME TO CROSS THE BRIDGE TO THE GULF COAST'S BARRIER ISLANDS! John F. Kennedy Memorial Causeway connects Corpus Christi to Mustang Island and Padre Island. Most area beaches are free-access, but beach parking/camping requires a $12 one-year permit.

Sip and nosh at Island Joe's, an eco-minded cafe and gallery serving roasted-daily coffee (handmade syrups!). It's built from 10 shipping containers with a dog-friendly patio.

Next, Mustang Island State Park, with miles of clean sand perfect for sunning, beachcombing, picnicking and dolphin-watching. Join rangers to watch for birds, or float on the 20-mile Mustang Island State Park Paddling Trail. Amenities: restrooms, shaded picnic shelters, rinse showers. Water and electric campsites and drive-up primitive sites start at $20 a night with hot-shower access.

Other beaches with tent and vehicle camping, beautiful sunsets, restrooms, showers and picnic tables include J.P. Luby Surf Park, Whitecap Beach (stroll along the Padre Island Seawall) and Padre Balli Surf Park.

Fetch nirvana at the world's longest stretch of undeveloped barrier island: Padre Island National Seashore. Leashed dogs are allowed on 60 miles of beach, including beach-driving and camping areas. Bonuses: dunes, grasslands, sea breezes and star-filled night skies.

The park fee includes free RV and tent camping at the northern boundary. There are nominal fees for camping at Malaquite Beach and Bird Island Basin. Tip: you can borrow beach wheelchairs free from the visitor center.

Padre Island is a haven for Kemp's ridley sea turtles and 380 bird species. Birdwatching's best spring and fall. Bird Island Basin, with boat launches, RV camping and parking, is great for paddling and windsurfing. Beachcomb on Little Shell and Big Shell Beaches.

Wherever you go, you'll have a beachy keen time in Corpus Christi.

‹ ROBIN TIERNEY, *an award-winning writer-photographer, seeks out intriguing places, preferably with dogs by her side.*

Morning walk on Mustang Island.

Flamingos at Texas State Aquarium in North Beach.

Play ball, stroll and camp with Fido on miles of Corpus Christi beaches.

Plan For a Beachy Keen Time at Corpus Christi's Beaches

VISITOR INFO AND GUIDE
https://www.visitcorpuschristi.com

Beach, Beach Parking, Camping and Driving Guides
https://www.cctexas.com

South Texas Botanical Gardens
stxbot.org

Mustang Island State Park
tpwd.texas.gov/state-parks/mustang-island

Padre Island National Park
nps.gov/pais/index.htm

WaterDog Yoga
waterdog.cc

Executive Surf Club
waterstmarketcc.com/executive-surf-club

BUS
barunderthesun.com

Harrison's Landing
harrisonslanding.net

Island Joe's
islandjoescc.com

Capri Beach Hotel
capribeachhotel.com

Embassy Suites Corpus Christi
hilton.com/en/hotels/crpspes-embassy-suites-corpus-christi

Note: Corpus Christi Parks & Recreation Department offers free use of beach floating wheelchairs that enable people with disabilities to move on the sand and in the surf. 361-826-3469

Park City, Utah

A resort for all seasons.

By Susan Sims, Publisher

PHOTO CREDIT: VISIT PARK CITY

I STARTED VISITING PARK CITY IN THE EARLY 70'S. Walking to the chair lift with my skis over my shoulder, it was often that someone would stop by to give me a lift. On one such occasion, a nice man stopped and offered me a ride to the ski resort. I commented on how much I loved coming to Park City to ski and he said, 'yes, well enjoy it while you can, the California's are coming and it's going to change.' Being a native Californian, I wasn't sure how to take that.

Many years later with my two children, I continued the trek for the annual ski vacation. Soon, as teenage boys, they fell in love with snowboarding, so that left my husband and me enjoying Deer Valley where snowboarders are not allowed, and that continues to be their practice even to this day.

We skied Deer Valley, Park City, Snowbird and Alta however, it wasn't until just recently that I had my first visit in spring with my eldest son, Scott for a Mother's Day weekend.

What to do without the snow? As it turned out, plenty!

Ensconced in the Fido-friendly AC Hotel Park City, proved to be a great homebase that offers a European-inspired breakfast for $15.00. Each room includes bottled water, complimentary coffee/tea maker, and mini fridge. Beds and linens are exceptional, and the expansive room is both cozy and spacious at the same time.

The lobby boasts local artwork and the AC Bar offers signature cocktails, happy hour rituals, and shareable plates. You may also relax in the indoor pool and oversized hot tub or energize in the onsite fitness center.

Hiking and biking trails by the hundreds are yours for the choosing depending upon activity level. The Summit Bike Share is the best way to see Park City and pedal along the paved paths. All of their bikes have electric-assist! The electric-assist or Pedelec bikes act like a regular bike and don't have any complicated gears or buttons to learn. Just simply begin pedaling and the bike will provide an extra boost to get you moving and up hilly terrain without breaking a sweat! A must see is the historic white barn easily accessible on paved bike trails.

Working up an appetite, the Hearth and Hill was the perfect spot to refuel on their Fido-friendly patio. The healthy, delicious menu features locally sourced ingredients, presenting a fresh take on contemporary American cuisine, complemented by a full bar program of seasonal and signature cocktails/mocktails, craft beers, and a carefully curated wine collection.

If you don't need a nap, take your friendly leashed Fido with you to explore hiking at places such as the Rob's Trail.

Located near the top of Sun Peak, Rob's trail offers beautiful views of Park City and the Canyons side of Park City Mountain. It's a local favorite for May - November hiking and mountain biking and a great spot to take pups for a fun-filled hike through aspen groves. Make sure to bring a leash and water, and to watch out for moose as they are active on this trail.

UINTA MOUNTAINS

Take your pup for a scenic road trip up Mirror Lake Highway into the Uinta Mountains, a high alpine, pristine mountain area that is a magical spot to take your doggo. There are hiking trails galore and an abundance of high alpine lakes for Fido to swim in. Backpacking is popular here during the summer months as it's a bit cooler than the trails in Park City. Mirror Lake Highway is closed during the winter, but you can drive up to the gate and let the pups run free in the snow which is always a smile-inducing sight to behold!

The historic McPolin Barn is a must see when visiting Park City.

PHOTO CREDIT: VISIT PARK CITY

PHOTO CREDIT: VISIT PARK CITY

Ride the free trolly down Historic Main Street.

PHOTO CREDIT: VISIT PARK CITY

Ride the bobsled at Olympic Park.

When Fido is not allowed on a Park City excursion, have no fear, he will have the time of his life at Doginhaus where they offer premier pet boarding, daycare, and grooming. We have boarded our dog's past and present for many years at Doginhaus and always feel comfortable leaving them there while we explore non-Fido-friendly adventures.

With your furry companion having the time of his life, hit Olympic Park and ride a bobsled, just like the Olympians. You could spend an entire day at the park enjoying a myriad of activities from the coaster to ziplining.

You may also enjoy the free Trolly service which cruises Historic Main Street daily and is a Park City icon. Guests can be picked up and dropped off along Main Street and are treated to a unique transportation experience. The Trolley has always been the perfect addition to an already charming section of town.

Summer concerts at Deer Valley, Savor the Summit dinner along historic main street and 4th of July events will keep you wanting more on your next trip to Park City.

Yes, Park City has changed over the years with residence and hotel growth, the Olympics and Sundance Film Festival yet continues to offer some of the best skiing on earth. It is one of my favorite places to visit. I admit that I am more of a fall/winter girl however, spring and summer now hold a very special place in my heart.

PHOTO CREDIT: VISIT PARK CITY

Savor the Summit event.

AC Hotel Park City

Pets are always welcome at the AC Hotel by Marriott in Park City while certain rules and conditions apply. A non-refundable fee of $75/pet will be charged to your final bill at the time of check in. Go online to view pet policy and agreement. marriott.com

HEARTH AND HILL

Beloved family-owned Park City eatery Hearth and Hill is a popular "gathering spot" where guests enjoy dependably great food and service. Open daily for lunch and dinner, plus Sunday brunch. For more information, please visit www.hearth-hill.com and follow on social @hearth_and_hill.

DOGINHAUS

Your dog's home away from home while you take in excursions where Fido is not allowed. doginhaus.com

SUMMIT BIKE SHARE

summitbikeshare.com

VISIT PARK CITY

https://www.visitparkcity.com

HIKING

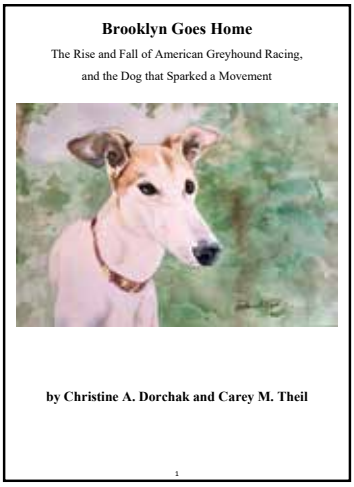
https://www.visitparkcity.com

HISTORIC UNION PACIFIC RAIL TRAIL

https://stateparks.utah.gov/parks/historic-union-pacific-rail-trail/

Brooklyn Goes Home

Brooklyn Goes Home is the true story of how one greyhound sparked a movement to close the worst dog track in the world. After spending years in a small, dark cell, he finally found his forever home in the USA.
https://grey2k.org/42QCoSC


Brooklyn Goes Home
The Rise and Fall of American Greyhound Racing,
and the Dog that Sparked a Movement
by Christine A. Dorchak and Carey M. Theil

CROWN & PAW

Your pet deserves a custom portrait, fur real!

Designed by real artists, with free previews and unlimited revisions until you're 100% happy!

www.crownandpaw.com

Brightkins Pupstrami

Dogs discover boredom-busting mental stimulation every time they hunt for treats in our fun dog puzzles. When used at mealtime, this dog treat puzzle encourages fast eaters to slow down and avoid upset stomach! Made from easy-to-clean, BPA-free materials.

brightkins.com/item-pupstrami-surprise-treat-puzzle

HFW Essentials Set

Teach your dog the 6 words every pet can learn! Includes 6 pre-recorded speech buttons (with words "walk," "play," "eat," "outside," "water," and "love you"), plus expert guide. Requires 12 AAA batteries, not included.

brightkins.com/item-talking-pet-essential-words

HandsOn® Gloves

Animal-preferred HandsOn® Gloves are a revolutionary concept that reaches far beyond the traditional curry combs, mitts, shedding blades, metal bristle brushes, and any de-shedder on the market today. HandsOn® is making grooming as natural as petting while creating a better bond in the process. Changing the way we Bathe, Groom and Shed all of our animals. Forever.
handsongloves.com

Who Rescues Who?

Meet the wonderful pups who found new *furever* homes and the people who saved them.

MILLY

I lost my wife, Karen, to cancer on 6/3/2021 and my Doberman Sherry two weeks later.

My life, my world was upside down and I felt lost. Then I found Milly. From a friend at DVDPA I found out they had a four-year-old red female looking for a new home. Her previous owner went into assisted living and gave Milly to the rescue.

I arranged to meet Milly at a parking lot with my sister Linda. When the SUV opened its rear door, Milly jumped down and went right to Linda. Then Milly came to me, and it was love at first sight. I told the handler I would gladly give this beautiful Doberman a *furever* home.

Milly and I bonded immediately and in a few days were inseparable. Milly made me see happiness without my Karen was possible.

Don't tell me a dog can't change your life for the better. Milly gave me reasons to love, enjoy activities, exercise, and truly want to live again, while making good memories to replace sad ones.

Michael G L. • Lansdale, PA

HALLIE

My longhaired dachshund, Hallie, was dumped at an animal shelter during the night when she was about a year old. I was the lucky one to get to bring her home and we had a great life until she turned 10 years old and went blind overnight to a disease called SARDS. It was a very hard adjustment for us both as it happened so fast. I tried to find things that would be fun for her and a distraction, so I taught her how to paint. She loved it from the start and would pick up her brush from the jar I set beside her and start painting enthusiastically. Her story got out and went viral, we ended up on many TV and radio shows, did public demos, were on celebrity blogs and Yahoo home page, and we are in a documentary on Animal Planet called Million Dollar Duck. There is also a book out on her called Puppy Picasso. She loved painting for people and the confidence it gave her was amazing compared to how she was the first few weeks after going blind. She raised over $35,000.00 from sales of her art in her four years of painting which we gave to dog rescue, and she won a humanitarian award for her donations. She was my biggest inspiration and taught me so many lessons. I was so blessed to get to spend my life with her.

Dee Dee M., • Centralia, WA

KARA

Kara was adopted March 13, 2020, from angels in Kansas. She loves to sunbathe, chew her dental bones, watch from the window laying in the back of the couch, get belly rubs, snuggle with her humans, go to the pet store, walks, playing with her neighbors' dogs, watching TV. She is seven-years old. She is a happy girl and loves to make her humans happy and is very affectionate. She loves meeting new people and dogs. She is the friendliest dog you could ever meet. She adores attention. We adopted her after losing our last pug girl at 13 years old to cancer. She is out 4th pug.

Angie M. • Kansas

PEACHES

Three years ago, shortly after giving birth, Peaches was found as stray/abandoned in the high desert of western Colorado. We now live in the Appalachians. Peaches is thriving here. Hates the rain but loves the water. Wants to get up and go to sleep with the sun. She's learned to ignore deer & squirrels. We often walk off-leash at a nearby public area. She loves it! Woods, fields, water. Daily routine at home is regular walks on hilly gravel roads or trails. Good for both of us. She's my best friend. Thanks to Surface Creek Animal Shelter!!

Peaches is American Bulldog & Boxer mix with 10% pit & misc. Estimated DOB 8/8/18.

George L. & Peaches • Hayesville NC

KRONOS

Kronos, a remarkable Australian Cattle Dog, entered my life as an extraordinary gift. I adopted him from Arizona Cattle Dog Rescue 11 years ago, and it was an instant connection that transformed my world. From the moment he stepped into my home, Kronos has brought immeasurable joy, love, and companionship. His unwavering loyalty and zest for life have infused my days with boundless energy and excitement. Through his exuberant personality and innate intelligence, Kronos has taught me the true meaning of resilience and unconditional love. He has become my most trusted confidant, adventure buddy, and constant source of inspiration. Adopting Kronos was a life-altering decision, one that has filled my days with laughter, adventure, and immeasurable happiness. Social Media: @tiffanysdiamonddogs *tiffanysdiamonddogs.com/blog*

Tiffany H. • Los Angeles, CA

Mulligan the TurfMutt.

Backyarding

Mulligan the TurfMutt's tips for creating a dog dream yard.

From the TurfMutt Foundation

PEOPLE HAVE BEEN USING THEIR BACKYARDS MORE IN RECENT YEARS, taking their indoor life outdoors for everything from working and entertaining to vacationing and working out. It is the trend called backyarding, and it is here to stay. In fact, people are now elevating their backyarding practices to "master backyarder" status.

But for dogs, this backyarding business is old hat. You could even say dogs are the original master backyarders. Afterall, no one loves the family yard as much as your pup.

The family yard is Mulligan the TurfMutt's favorite place to be. Mulligan is the spokesdog for the TurfMutt Foundation, which has reached more than 70 million children, educators, and families since 2009, and you can see Mulligan's tips on the *CBS Lucky Dog* show on Saturday mornings where she shared her tips on how we all can "save the planet, one yard at a time" and create dream yards for some well-deserved rescue dogs.

Here is Mulligan's advice for creating the ideal yard that your pets – and the whole family – will enjoy this summer and beyond:

PLANT REAL GRASS.

Plastic grass is uncomfortable on paws (and bare feet), gets very hot during the summer, is difficult to clean, and is bad for the environment since it requires water for cleaning and usually can't be recycled. The bottom line: real grass is the best option for pets, people, and the environment. Just select a variety that is conducive to your climate zone and weather patterns.

SELECT THE RIGHT PLANTS AND GRASSES.

Choose a type of turf grass that will withstand the "ruff" housing of your pet. Buffalo and Bermuda grasses can be a good choice, depending on your climate zone. For other plants and shrubs, check the ASPCA's list of toxic and non-toxic garden plants for advice before planting. You'll want soft, sturdy foliage near walkways. Save delicate, decorative flowers for elevated flowerbeds and patio pots. Pro tip: place plants close together in areas you want to designate as off-limits to your dog to create boundaries or use a row of hedges to designate her "business" area from the rest of the lawn.

CONSIDER POLLINATORS AND OTHER WILDLIFE.

The living landscape in your backyard isn't just for your enjoyment. Yards are also a vital home habitat for pollinators like birds, bees, and butterflies, and backyard wildlife who rely on your backyard ecosystem for food and shelter. Planting nectar and pollen-rich flowers that are appropriate for your climate and non-toxic for your pets will nourish our important pollinators.

PLAN FOR FUN.

Add a splash pool, build a sandbox for digging, or even create a canine obstacle course to provide hours of fun without ever leaving home. After a day of play, your dog will need a place to relax so think of where you can plant trees or bushes that provide shade for cooling off and snoozing.

CONSIDER A BACKYARD STAYCATION.

Speaking of fun, why not plan a backyard staycation that your whole family – including the dog – can enjoy? Family vacations can be challenging when you want to take along the family pet, so rather than hitting the road, stay home instead. A lawn area may be the site of a soccer game, bocce ball or croquet, but it can also double as an overnight camping zone for the kids and dog in a family tent. The fire pit can be used for roasting hot dogs for lunch or s'mores at night. Time for crafts, potting plants, and eating can happen at a picnic or dining table, where the family dog can lounge nearby.

For more information:

1. Sign up for Mutt Mail, a monthly e-newsletter with backyarding tips and all the news from the TurfMutt Foundation.
2. Visit TurfMutt.com to learn more about creating the yard of your dreams.
3. Look for Mulligan the TurfMutt on the *CBS Lucky Dog* television show most Saturday mornings.
4. Download the International Backyarding Fact Book, to learn why spending time in our yards and community parks is good for us...and the planet.

Plan a Backyard Staycation
VISUALIZE
Make a plan, map activities, and build excitement
PREP & PLANT
Spruce up your yard, mow the lawn, trim bushes, and add flowering plants
ENJOY
Spend time together and build new memories as a family
OPEI
Powering good.
TurfMutt.com
THE TURFMUTT FOUNDATION

EMBASSY SUITES
by HILTON

Oklahoma City Will Rogers Airport

OKC's Hotel of Choice
for our 4 –legged friends!

Whether you are flying or driving into Oklahoma City, we are the perfect location. Our hotel sits four miles north of Will Rogers Airport and 2 miles south of Interstate 40. We offer complimentary airport shuttle service, a full complimentary breakfast buffet and omelets made to order, a complimentary evening reception, indoor pool, fitness room, bar and restaurant. Our two room suites offer plenty of room for you and your pet to relax.

There is a wide variety of restaurants along the Meridian corridor and just a few blocks north of the hotel, sits the West River Trail. A perfect place to take your pet for a walk along the Oklahoma River.

$75.00 non refundable pet fee, $15.00 of which goes to our partner, Fetch Fido A Flight.

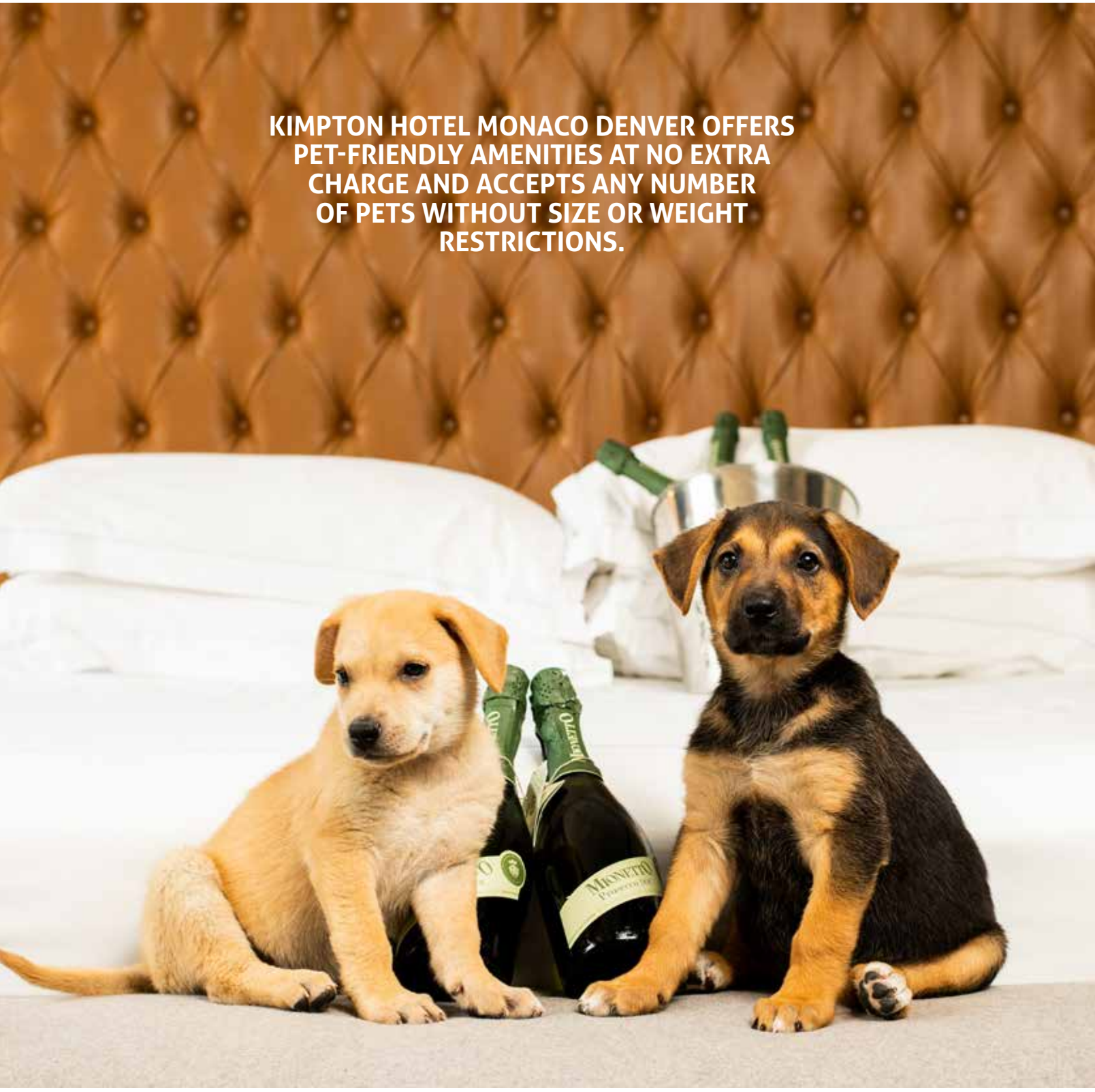
Embassy Suites by Hilton
Oklahoma City Will Rogers Airport
1815 South Meridian
Oklahoma City, OK 73108
Phone: 405 682-6000
www.oklahomacity.embassysuites.com

Pet Friendly

Kimpton Hotel Monaco Denver

Mile-high City hotel exceeds expectations for pet parents.

By Susan Sims, Publisher



KIMPTON HOTEL MONACO DENVER OFFERS PET-FRIENDLY AMENITIES AT NO EXTRA CHARGE AND ACCEPTS ANY NUMBER OF PETS WITHOUT SIZE OR WEIGHT RESTRICTIONS.

THEY HAD US AT BOW WOW WOW! What's not to like about a hotel which partners with Lifeline Puppy Rescue where twice a month, pop-up puppy playtime and adoptions are held during wine hour. Or make that 'whine' hour!

Located in the heart of downtown Denver, the hotel delivers signature Kimpton service, luxury amenities, and effortlessly elegant, renovated guest rooms.

Recharge with complimentary morning coffee in the renovated living-room lobby, where both you and Fido can relax in luxury while planning your day. If an excursion does not allow Fido, you may enjoy complimentary access to Wag! Premium during your stay (including 10% off all services booked, waived booking fees, and 24/7 access to licensed veterinary professionals).

Wag! connects pet parents with professional pet caregivers for pet walking, boarding, or sitting. Booked a walk? If you've arranged a dog walk while staying with us, be sure to leave a key with the front desk for your dog walker. Any questions about dog walking? Just ask the front desk team!

When ski season begins, the Kimpton Hotel Monaco Denver is the pawfect place to stay as you are within driving distance to some of the greatest snow on earth.

Kimpton Hotel Monaco Denver welcomes you and your pet with:

- Water bowls delivered to your room.
- Disposable pick-up bags
- A concierge list of nearby pet-friendly restaurants, groomers, and pet boutiques.
- Door hangers alert other hotel guests and staff that your cat, dog, or other beloved pet is in the room.
- No size/weight limit
- No limit on number of pets allowed.
- No deposit or cleaning fees charged.
- Dedicated floors for travelers with pets

If you only have one night in town, go to LoDo. This neighborhood — just a short walk from Kimpton Hotel Monaco Denver — is how Denverites affectionately refer to the Lower Downtown Historic District and is where city settlers originally staked their claim. It's since blossomed into the hippest place to pass an evening because of its animated nightlife, entertainment, and dining scenes.

Hungry for a bite? Look no farther than Award-wining cuisine from Northern Italian Panzano restaurant. Order room service for you and your spoiled furry companion with choices such as Pesce Fresco or Braciole di Maiale. Panzano has been awarded Four Diamonds by AAA six years in a row which ensures that even the most sophisticated palate will be satisfied.

When it's time to turn in, you will be rewarded with newly renovated guest rooms featuring bold wallpaper and striking metallic accents that evoke an elevated artsy vibe, and luxury touches abound.

Kimpton Hotel Monaco Denver
1717 Champa Street, Denver, CO 80212
www.Monaco-denver.com
Facebook: @Monaco.Denver
Instagram: @Monacodenver

The transformation of the Hotel Monaco involved renovating two adjacent historical buildings, the 1917 Railway Exchange building, and the 1937 Art Moderne Title Building.

- Daily complimentary morning coffee and tea service in Panzano's Café .
- Nightly hosted wine hour from 5 pm to 6 pm featuring wines, beer, and apps from Panzano, our award-winning restaurant, along with five minute chair massages courtesy of VEDA Salon Spa.
- Complimentary hotel bicycles to use during your stay.
- IHG® Rewards Club members get complimentary high-speed WiFi throughout the hotel during every stay.
- A yoga mat in every room.
- Partnership with Lifeline Puppy Rescue – twice a month pop-up puppy playtime and adoptions during wine hour. Annual Puppies + Prosecco in-room celebrations over National Dog Day weekend.
- Concierge happily coordinates additional pet services, such as grooming, pet-sitting and walking.
- Valet parking, with discounts for hybrid vehicles.

GUEST AMENITIES FEE

A $23.00 guest amenities fee will be added per room each night of your stay. This fee includes the following:

- $10.00 credit at Panzano (may be applied towards any meal and/or drinks)
- Nightcap beverage offering daily from 8PM to 10PM
- Bottled water upon request
- PPE kit
- 25% discount towards a future stay when booked prior to departure at the front desk.
- Local and domestic long-distance calls
- Business services such as printing/copying available.

King Premiere Suite.

Hotel Monaco Salt Lake City, Utah

All paws welcome here.

By Susan Sims, Publisher

Relax in the beautiful lobby in Kimpton Hotel Monaco Salt Lake City.

IT'S A DOG'S (OR CATS, OR FEATHERY OR SCALY FAMILY MEMBER'S) LIFE in Salt Lake City. There's no better place to go off on an adventure with your pet, and if they fit in the elevator, they are welcome to the Kimpton Hotel Monaco Salt Lake City.

Hotel Monaco welcomes your pet with:

- Pet beds
- Feeding mats
- Leashes at front desk
- Courtesy bags for walking your dog
- No size/weight limit
- No limit on number of pets allowed
- No deposit or cleaning fees charged

Hotel Monaco partnered with Wag! Which connects pet parents with professional pet caregivers for pet walking, boarding, or sitting when you are not able to bring your furry best friend along for an excursion.

Walking distance from the hotel is the famed Historic Temple Square. Twenty of the most visited attractions are located within three blocks. Learn about Mormon history, view the Salt Lake Temple and Tabernacle as well as Brigham Young Historic Park.

Room service after a busy day for both you and Fido is a phone call away for fine fare from onsite Bombara restaurant. Charcuterie boards are always fun but don't miss out on Coffee Crusted Rocky Mountain Elk or Pan Seared Idaho Trout.

Located within an hour of ten major ski resorts, Hotel Monaco Salt Lake City gets four paws up for location and pet-welcoming service.

Kimpton Hotel Monaco Salt Lake City
15 West 200 South, Salt Lake City, Utah

No pet fee; no weight or size restrictions.
(800) 805-1801
monaco-saltlakecity.com

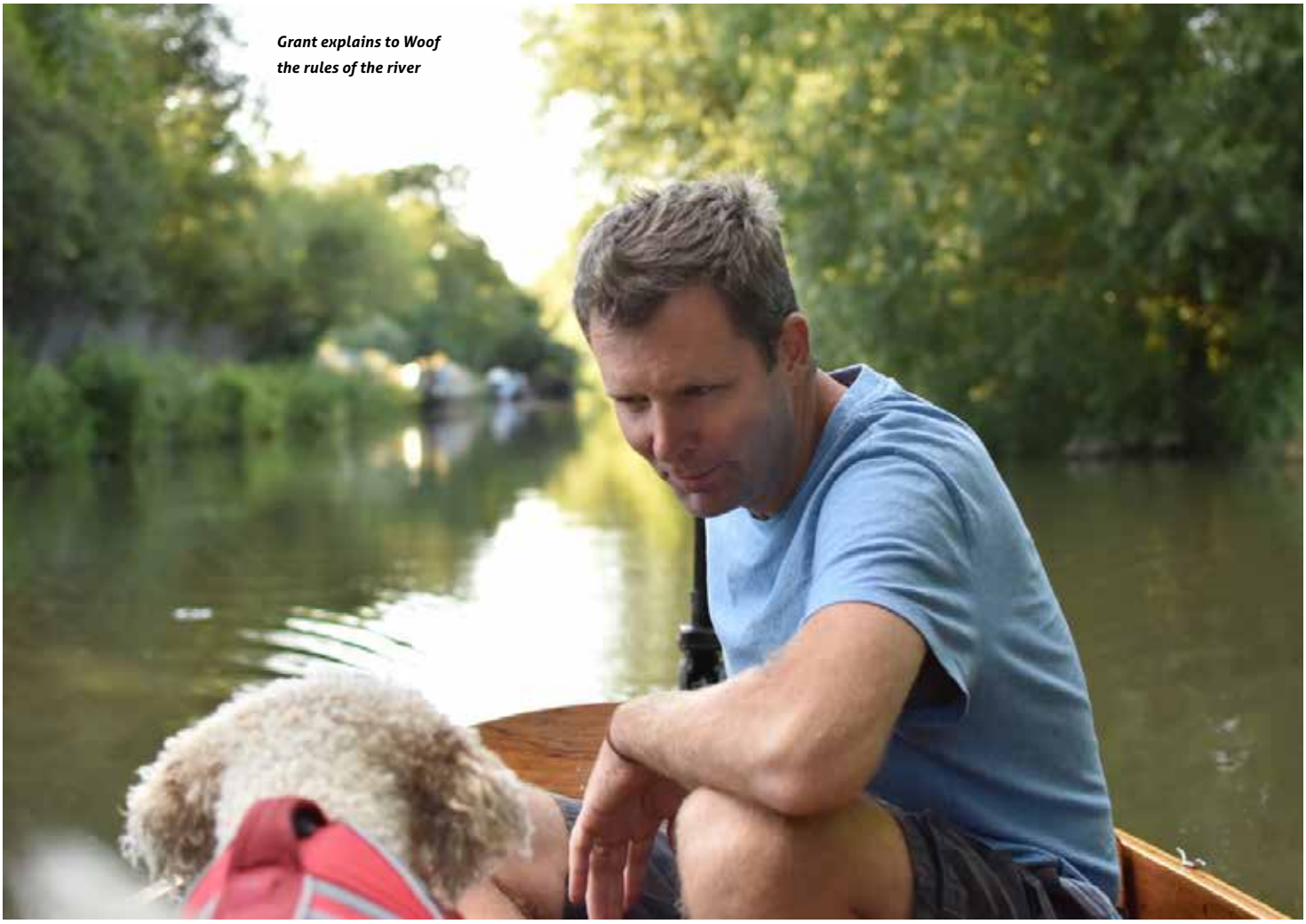
COMPLIMENTARY AMENITIES YOU'LL LOVE

- WiFi for **IHG One Rewards members**
- Nightly hosted evening social hour
- Morning coffee and tea service
- A yoga mat in every room
- Pet-friendly with no restrictions
- Bikes for a ride around town

Watery Woofs

Dogs will teach us everything we need to know about life

Story and Photos by Jane Thomas



Grant explains to Woof the rules of the river

UNTIL YOU'VE WALKED ACROSS A FIELD SHOUTING, 'WOOF!' IN TONES OF INCREASING DESPERATION, YOU CAN'T UNDERSTAND THE LEVELS OF EMBARRASSMENT A DOG NAME CAN INDUCE.

We never did learn why the owners had called their Spanish Water Dog 'Woof'; all we knew is that he was a beautiful dog who drew a lot of attention, and we both looked sheepishly at the ground and mumbled whenever anyone asked his name.

But apart from that – and, perhaps, his incessant need to be around us or he'd howl the place down – everything about this particular housesit was absolutely perfect. I love heading back to Oxford for a dose of travel down memory lane, and this house was set in the heart of Jericho. It's the most stunning part of a beautiful city and we found ourselves in a four-storey Victorian house packed with antiques, with a long stretch of garden reaching down to the river.

The homeowners invited us over the evening before we were to take over Woof duties and they poured us champagne, showed us how to use the electric motor of their little wooden boat, and told us moments too late that throwing the ball was a big mistake. Whatever we were doing, from then until we left the home a few weeks later, we had to also be picking up an increasingly slobbery tennis ball and lobbing it down the garden.

There was something about Woof's charming, warm-eyed expression and his oh-so-soft coat that instantly reminded me of a teddy bear. He immediately endeared himself to everyone. When Grant lobbed a ball and accidentally hit a lady lying in the meadow in the warm evening sun, an incoming Woof wiped any hint of a glare from her face.

We packed picnics, strapped Woof into his natty little lifejacket and headed up the canal glorious evening after glorious evening. On one occasion we passed a miniature local festival, an electro-swing band throwing tunes across the water from the deck of a moored narrowboat. Woof spent half the time wanting to be on the bank, and as soon as we'd executed a perilous dismount he'd of course want to be back in the boat. He also had a tendency to drink, constantly, from the canal. We

Never happier than with a ball - or two

WOOF SPENT HALF THE TIME WANTING TO BE ON THE BANK, AND AS SOON AS WE'D EXECUTED A PERILOUS DISMOUNT HE'D OF COURSE WANT TO BE BACK IN THE BOAT.

Woof demanding the ball be thrown again

finally gave in to this habit and, to save him from a watery plunge, just used the half-coconut bailer to keep him stocked up with water.

In the summer months Oxford has some of the finest pub gardens I've ever come across. We spent hours wandering around, dipping into my particular favorites and discovering new ones that have popped up over the years. Woof knew that in a pub his job was to curl up under the table and behave himself, safe in the knowledge that as soon as we left he'd get to head back to the meadows and chase tennis balls as if his life depended on it.

The bicycle is king in that city and the homeowners had left us with two, plus a pile of assurances that Woof was really good at running alongside on his lead. Having seen him get distracted by nothing more exciting than a rustling leaf we decided not to risk this particular option, but it was fun popping to nearby villages on a train and having him lean up to stare out of the window.

The one time we left him for an hour to see a stand-up comedian – even the lovely Woof wasn't allowed in the theatre – the neighbors told us he threw out heartrending howls for our entire absence. A 'lockdown dog', he was used to people being around all day, every day. But overall he was a product of his owners' creation: they were the sweetest, kindest people, even leaving us more champagne to celebrate our recent wedding, and in turn they had created the sweetest, kindest dog. If dogs teach us anything it's that simple lesson: what you give to the world is what you'll get back.

JANE THOMAS *is a freelance writer, constantly moving around the world thanks both to housesitting assignments and an insatiable desire to see beautiful places. She loves writing about cycle touring, eighteenth century women poets, and unusual people and places. Jane is usually accompanied by at least one dog. booksandbicycles.com*

A bailer and bowl in one

Nothing half so worth doing as simply messing about in boats

Woof must have been part kangaroo to catch some of the balls

When dogs go wild for water

I don't think we could have gone out on the water without Woof insisting on joining us in the boat. He was more than happy to wear his excellent lifejacket that came complete with a sturdy handle in the middle of the back: if he fell in, we could haul him back into the boat no problem. These would also be perfect for anyone taking their dog stand-up paddle-boarding or out in a kayak.

If it's going to be hot, there's dog-friendly sunscreen available. And whatever the weather, be sure to take a water bowl and plenty of fresh water. They may just be sitting there letting you do all the hard work, but dogs will get toasty warm being out and about.

I've helped even the most nervous dogs overcome their fear of water but don't push your dog to do something they just aren't happy with. Staying on dry land is plenty of fun, too!

Fido-friendly Hotels Greet You With Special Packages

Summer dog adventures can take the form of big city exploration.

Paris Permenter and John Bigley

Unleash tropical bliss on a paddleboard adventure in Cancun at NIZUC Resort & Spa.

PHOTO CREDIT: NIZUC RESORT & SPA

Explore the Cascade Mountains from this Bavarian-styled alpine resort.

PHOTO CREDIT: ICICLE VILLAGE RESORT

THE DOG DAYS OF SUMMER mean a chance to explore and make memories with your dog, whether that's a trip to the beach or the big city.

SAVOR THE TASTE OF FRANCE IN THE HEART OF THE BIG APPLE

Say bonjour to your New York home away from home at Hôtel Barrière Fouquet's New York. Bringing the Parisian style of the 1899 French property to the Big Apple, this 97-room hotel welcomes dogs with complimentary croissant toy, as well as a room outfitted with dog bed and bowls. The family-operated hotel welcomes one dog up to 30 pounds per room. Located near patio restaurants, the hotel is a 15-minute walk from Hudson River Park. *Hôtel Barrière Fouquet's New York, 456 Greenwich St., New York, NY 10013; (917) 965-2600; www.hotelsbarriere.com.*

EXPLORE FIDO-FRIENDLY TRAILS SURROUNDING AN ALPINE VILLAGE

Ready to beat the heat with a cool getaway this summer? Icicle Village Resort, located in the Bavarian-styled alpine village of Leavenworth and surrounded by Washington's Cascade Range, welcomes you and your dog (or two!) to their Alpine King or Double Queen Rooms. Dogs are greeted with a delicious treat, waste bags and a new toy—then it's time to hit the many nearby Fido-friendly walking trails, quaint shops and restaurants. After a stroll through town, return to the hotel's tasting room where you and your dog can sit out on the porch as you sip award-winning Washington wine and think about the summer memories you're creating together. *Icicle Village Resort, 505 Hwy. 2, Leavenworth, WA 98826; (800) 961-0162; www.iciclevillage.com.*

ENJOY NO PET CHARGES ON THE YUCATAN PENINSULA

Punta Nizuc means "nose of the dog" in Mayan—so it's no surprise that Cancun's NIZUC Resort & Spa is Fido-friendly. This 29-acre beachfront resort greets dogs with its extensive pet program and no pet charges. Known for its six gourmet restaurants, the culinary team has created a pet menu featuring regional selections like burritos with poultry sausage or classic fare including veal bone beef tartare. You and your dog can even share a paddleboard when you're feeling adventurous (then send your dog back for a nap while you experience the 30,000-square-foot ESPA spa!) *NIZUC Resort & Spa, Blvd. Kukulcan Mz 59 Lote 1-03 Km 21.26, Punta NIZUC, 77500 Cancún, QROO, Mexico; (855) 696-4982; www.nizuc.com.*

Time for a nap at Thompson Washington D.C. after a one-mile dog walk to the Capitol, located in the historic Navy Yard district.

PHOTO CREDIT: THOMPSON WASHINGTON D.C

FROM THE CITY TO THE SMALL TOWN, FROM MOUNTAINS TO THE MIDWEST, HOTELS ARE READY TO HELP YOU FETCH SOME SUMMERTIME FUN WITH FIDO-CENTRIC PACKAGES.

RAISE A BARKTINI IN THE CAPITOL CITY

The "You're Pawfect the Way You Are" package ushers in the dog days of summer at Thompson Washington D.C. You and your dog will be greeted by the Director of Pet Relations upon arrival before heading to a room filled with amenities that include a welcome mat, dog bed and food bowls, walking essentials, a bag of treats from the hotel chef, a dog toy from District Dogs, a dog tag to take home and personalize and more. When you're ready to explore, the hotel provides a curated list of nearby pet-friendly restaurants and a map of parks. After your day of exploration, enjoy VIP access to Yappy Hour on the Woof Top (or pending weather in the Bark Room). Taking place every Wednesday, the Yappy Hour includes a Doggy Dinner menu with Yappitizers and Barkinis. *Thompson Washington D.C., 221 Tingey St. SE, Washington, D.C. 20003; (202) 916-5200; www.hyatt.com/thompson-hotels.*

JOHN BIGLEY AND PARIS PERMENTER Travel writers John Bigley and Paris Permenter are the authors of 35 travel and pet books; the husband-wife team are also the founders of *DogTipper.com*.

The City of Lights meets the City that Never Sleeps at Hôtel Barrière Fouquet's New York.

PHOTO CREDIT: BRIN HANSON

Grab your beret and leash and explore the city from your home base at Hôtel Barrière Fouquet's New York.

PHOTO CREDIT: BRIN HANSON

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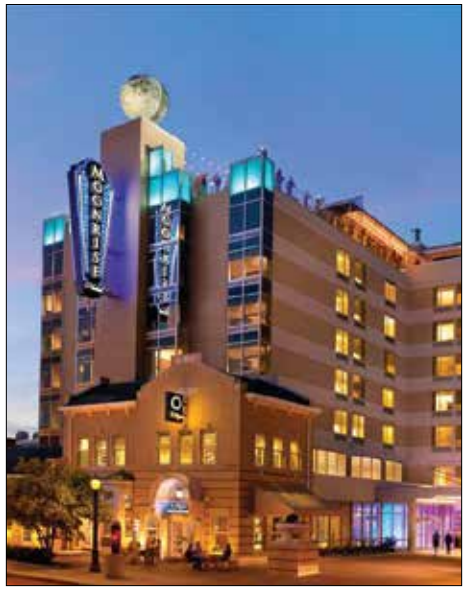

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ZACHARY TINKLE HAS A FANTASTIC STORY of a kid that came out of the womb wanting to race and begging his parents to let him have a shot to now racing in the ARCA Menards entry-level national NASCAR® series. He started in go-karting, moved up to mini-cup stock car racing then late models. He now is trying to compete full-time in the ARCA Menards series after ending up in the series by happenstance after a family tragedy in 2021 left him never knowing if he'd race again. Fan support and a last minute chance from Wayne Peterson has gotten him where he is today. With his Racing For Rescues program, Zachary is giving back along the way to pet rescues in cities where he races.

Zachary Tinkle Foundation is a 501c3 that provides funds to advance social causes such as pet rescues, veteran causes, reading programs and various children's programs in every location that Zachary Tinkle participates in a motor speedway race.

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